

ST. MICHAEL'S CHURCH SCHOOL
SEX AND RELATIONSHIPS EDUCATION POLICY



*St. Michael's
Church School*

St. Michael's Church School
Sex and Relationships Education Policy

ST. MICHAEL'S CHURCH SCHOOL
SEX AND RELATIONSHIPS EDUCATION POLICY

Policy Review Schedule

Version	Author	Summary	Review Date	Next Review
1.0	H Daulton	New Policy	July 2019	July 2020

ST. MICHAEL'S CHURCH SCHOOL
SEX AND RELATIONSHIPS EDUCATION POLICY

Contents

1. Aims.....	4
2. Statutory requirements	4
3. Policy development	4
4. Definition.....	4
5. Delivery of SRE.....	5
6. Roles and responsibilities	5
7. Parents' right to withdraw.....	6
8. Training.....	6
9. Monitoring arrangements.....	7

ST. MICHAEL'S CHURCH SCHOOL
SEX AND RELATIONSHIPS EDUCATION POLICY

1. Aims

The aims of sex and relationship education (SRE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

2. Statutory requirements

SRE is not compulsory in primary schools. However, primary schools are required to teach the elements of sex education contained in the science curriculum.

If primary schools do teach SRE, they must have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

At St Michael's Church School we teach SRE as set out in this policy.

3. Policy development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review – a member of staff or working group pulled together all relevant information including relevant national and local guidance
2. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations
3. Parent/stakeholder consultation – parents and any interested parties were invited to attend a meeting about the policy
4. Pupil consultation – we investigated what exactly pupils want from their SRE
5. Ratification – once amendments were made, the policy was shared with governors and ratified

4. Definition

SRE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

SRE involves a combination of sharing information, and exploring issues and values.

SRE is not about the promotion of sexual activity.

5. Delivery of SRE

SRE is taught within the personal, social, health and economic (PSHE) education curriculum, which at St Michael's is delivered through the Cambridgeshire PSHE programme. Biological aspects of SRE are taught within the science curriculum, and other aspects are included in religious education (RE).

Pupils also receive stand-alone sex education sessions delivered by trained health professionals and trained staff.

Across all Key Stages, pupils will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work

These skills are taught within the context of family life.

Under the Equality Act 2010, schools are required to ensure teaching is accessible to all pupils, including those who are LGBT.

Teachers will

- Ensure the content and approach of lessons, as well as inclusive language, helps all pupils feel included
- Include LGBT people in case studies, scenarios and role-plays relating to sexual health information

6. Roles and responsibilities

6.1 The governing board

The governing board will approve the SRE policy, and hold the Headteacher to account for its implementation.

6.2 The Headteacher

The Headteacher, alongside the PSHE coordinator, is responsible for ensuring that SRE is taught consistently across the school, and for managing requests to withdraw pupils from components of SRE (see section 7).

6.3 Staff

Staff are responsible for:

- Delivering SRE in a sensitive way
- Modelling positive attitudes to SRE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the [non-statutory/non-science] components of SRE
- Staff do not have the right to opt out of teaching SRE. Staff who have concerns about teaching SRE are encouraged to discuss this with the Headteacher.

6.4 Pupils

- Pupils are expected to engage fully in SRE and, when discussing issues related to SRE, treat others with respect and sensitivity.

7. Parents' right to withdraw

Parents have the right to withdraw their children from the non-statutory/non-science components of SRE.

Requests for withdrawal should be put in writing and addressed to the Headteacher/PSHE coordinator. A copy of withdrawal requests will be placed in the pupil's educational record. The Headteacher/PSHE coordinator will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from SRE.

8. Training

Staff are trained on the delivery of SRE as part of their induction and it is included in our continuing professional development calendar.

The scheme of work which supports teachers in delivering SRE is supported and written by the Cambridgeshire PSHE Service and used across many schools in the locality.

The Headteacher / PSHE coordinator will also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching SRE.

9. Monitoring arrangements

The delivery of SRE is monitored by the PSHE coordinator through:

- Learning walks
- Planning scrutiny
- Governor monitoring visits
- Lesson observations

Pupils' development in SRE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed and approved by PSHE lead every 2 years.

At every review, the policy will be shared with the governing board.