



17th October 2020

Outbreak Letter for School – Advice to Parents of pupils not directly affected

Dear Parents/Carers,

We have been made aware of a member of our school community who has tested positive for COVID 19. In common with many schools across Peterborough we are now having to close one of our bubbles.

We know that you will find this concerning and we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation.

Your child has not been in contact with the confirmed case and is therefore able to continue attending school.

All parents of children who may be directly affected have been contacted by phone and specific email.

You do not need to get a test for your child unless they develop symptoms.

From Monday 19th October, children and staff in Year 4 will be self-isolating for the required period. Siblings of Year 4 are still required to attend school.

Please read the advice below to help us to continue to keep our school safe.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. They are able to return to school, providing they have not still got a high temperature. They may still have loss of smell or taste or a cough as this can continue for some time after the infection period. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community



If you are able, you can move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours Sincerely,

R. Smith

Mrs Rebecca Smith
Headteacher
St. Michael's Church School